THE **RECARD** FOUNDATION

Love, Sex and the Internet



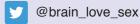
The Reward Foundation provides easy-to-understand, independent scientific information on:

- Preventing harm from internet pornography
- The impact of internet pornography on depression, social anxiety, impotence and desire for real partners
- The legal risks from internet pornography use including escalation to child abuse images, sexting and sextortion
- Best practices for recovery from dependence on pornography
- Building resilience to stress and addiction





UnLtd Award Winner





Love, Sex and the Internet

What We Do

- Free website, news stories and daily updates via Twitter
- Presentations, workshops and seminars on:
 - Pornography harm awareness
 - Consent
 - 24-hour screen fasts
 - Guidance for parents
 - Training for professionals
- Campaign for evidence-based sex and relationship education

"I think it's really important that young people are exposed to the potential dangers of watching pornography through scientific studies that appear to show that excessive use of pornography is physiologically and mentally harmful." Cameron Wyllie, Principal of George Heriot's School, Edinburgh talking about The Reward Foundation in The Sunday Times 21 August 2016

"I believe that our pupils need a safe space where they can freely discuss the full range of issues related to sex, relationships and the accessibility of online pornography in the digital age." Liz Langley, Head of Personal and Social Education, Dollar Academy, The Sunday Times 21 August 2016



www.rewardfoundation.org



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